

Module 1: Fundamentals of Laser Light

- **Lesson 1.1 – Introduction (4:30)**
- **Lesson 1.2 – Understanding Laser Light (3:20)**
- **Lesson 1.3 – Basic Terms (Part 1) (8:10)**
- **Lesson 1.4 – Basic Terms (Part 2) (8:50)**
- **Lesson 1.5 – Understanding Resonance (5:30)**
- **Lesson 1.6 – Duty Cycle in Laser Therapy (2:20)**
- **Lesson 1.7 – Class 3 and Class 4 Lasers (13:20)**
- **Lesson 1.8 – Laser–Tissue Interaction (8:20)**

Module 1 total: 54:20

Module 2: The Science of Frequencies (Nogier & Bahr)

- **Lesson 2.1 – Introduction to Frequency (3:20)**
- **Lesson 2.2 – Nogier Frequencies (9:30)**
- **Lesson 2.3 – Bahr Frequencies (11:30)**
- **Lesson 2.4 – Bahr Special Frequencies (43:30)**

Module 2 total: 1:07:50

Module 3: Clinical Frequency Applications

- **Lesson 3.1 – Practical Methods for Working with Frequencies (4:50)**
- **Lesson 3.2 – Musculoskeletal & Spinal Frequencies (4:00)**
- **Lesson 3.3 – Bahr Meridian Frequency (5:00)**

Module 3 total: 13:50

Module 4: Bahr Energy Meridians – A New Diagnostic System

- **Lesson 4.1 – Bahr Energy Meridians Part 1 (En 0 to 10) (22:30)**
- **Lesson 4.2 – Bahr Energy Meridians Part 2 (En 11 to 17) (15:30)**

- Lesson 4.3 – Bahr Energy Meridians Part 3 (En 18 to 22) (13:10)
- Lesson 4.4 – Bahr Energy Meridians Part 4 (En 23 to 28) (11:50)
- Lesson 4.5 – Bahr Energy Meridians Part 5 (En -1 to -5): Negative Qi (*time not specified*)
- Lesson 4.6 – Bahr Energy Meridians Part 6: The Earth Points (19:22)

Module 4 total (known time): 1:22:22
(*plus Lesson 4.5 when finalized*)

Module 5: Practical Treatment & Specialized Care

- Lesson 5.1 – Bone Injury: Clinical Laser Protocols (12:15)
- Lesson 5.2 – Treating Pain: Acute & Chronic Strategies (8:00)

Module 5 total: 20:15

Module 6: Diagnostic Pre-Assessment Protocols

- Lesson 6.1 – How the Pre-Assessment Lessons Are Organized (1:33)
- Lesson 6.2 – Introduction to Pre-Assessment (7:15)
- Lesson 6.3 – Oscillation Test (Cable Method) (6:30)
- Lesson 6.4 – Inversion Test (Cable Method) (5:20)
- Lesson 6.5 – Dominance Test (9-Volt Battery Method) (2:30)
- Lesson 6.6 – Laterality Test (Cable Method) (1:50)
- Lesson 6.7 – Pre-Assessment with Ampoules (4:00)

Module 6 total: 29:58

Module 7: Appendix

- Lesson 7.1 – The 9-Volt Battery (*time not specified*)
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✓ Total Course Duration (current, honest)

4 hours 28 minutes

+ *plus Lesson 4.5 and Appendix time once confirmed*