

# **Auricular Medicine Course Curriculum**

**Instructor:** Oren Ziv

## Auricular Medicine Course Curriculum

### 1. Introduction

Welcome to the course! In this lesson, you'll get a clear overview of auricular medicine, its roots in the work of Nogier and Bahr, and how we'll build your diagnostic and therapeutic skills step by step.

### 2. Ear Anatomy

We begin by exploring the anatomical structure of the ear — learning its key parts, surfaces, and landmarks. This foundation helps you orient yourself for accurate point location.

### 3. The Inverted Embryo

Learn the brilliant model proposed by Dr. Paul Nogier — the ear as a reflection of the body in fetal position. This framework helps us understand point mapping and regional logic.

### 4. The Three Germ Layers

Discover how the ectoderm, mesoderm, and endoderm — the embryological origins of all tissues — appear as reflex zones in the ear. A crucial step in differential diagnosis and targeted treatment.

### 5. Vertical Zones Along the Antihelix and Concha

Understand the division of the ear into vertical diagnostic zones. You'll learn how each strip relates to a body region and how these zones guide both diagnosis and therapy.

## 6. Two Types of Points: Functional & Organ-Related

Explore the two main categories of points. Functional points indicate imbalance before physical disease, while organ-related points correspond to concrete structural or pathological issues.

## 7. Gold and Silver Points

Learn how to use the black (gold) and white (silver) cables of the 3-volt hammer. Silver is used for psychological and excess conditions; gold is for organ-related and deficient states.

## 8. Vertebrae and Spine

You'll learn to locate and treat points corresponding to the cervical, thoracic, and lumbar spine. Excellent for musculoskeletal pain, posture issues, and energetic spinal balance.

## 9. Lower Limbs

This lesson focuses on the entire reflex representation of the lower limbs — hips, knees, ankles, feet — and how to locate and treat them for mobility issues, injuries, and pain.

## 10. Upper Limbs

You'll cover points for shoulders, elbows, wrists, and hands. These are critical for treating joint pain, nerve impingements, and upper body tension.

## 11. Thorax

Explore reflex points related to the chest — lungs, ribs, and sternum — with applications for respiratory issues, thoracic pain, and emotional tension stored in the chest.

## 12. Internal Organs – Part 1

Introduction to major internal organ zones: liver, gallbladder, stomach, pancreas. You'll begin to understand their topography and emotional connections.

## 13. Internal Organs – Part 2

We continue with the heart, lungs, and spleen. You'll learn their anatomical locations and when to use them in systemic, emotional, or chronic conditions.

## 14. Internal Organs – Part 3

This lesson completes the internal organ group with focus on the intestines and lymphatic system. Key for detoxification and gut-brain therapy.

## 15. Urogenital Points

Learn to identify and treat points for the kidneys, bladder, uterus, ovaries, prostate, and genitals. Essential in hormonal, reproductive, and urinary system work.

## 16. Hormonal Points

A deep dive into the ear's endocrine system: pituitary, thyroid, adrenals, pancreas, ovaries/testes. Vital in cases of fatigue, burnout, menstrual imbalance, and metabolism.

## 17. The Head

This lesson covers reflex zones for the face, jaw, teeth, sinuses, and scalp. Includes TMJ, trigeminal points, and zones of emotional expression.

## 18. Functional Points

How to detect energetic imbalance before it becomes pathology. Learn how emotional, hormonal, or environmental disturbances present as early warning signals.

## 19. Psychotropic Points

Explore the points that regulate emotional and mental states — including depression, anxiety, hysteria, aggression, insecurity, and more. Excellent for emotional healing and trauma.

## 20. The Limbic System & Brain

Learn to access the deep emotional and memory centers — hippocampus, amygdala, cingulate gyrus. Used in PTSD, emotional trauma, and unresolved grief.

## 21. The Central Nervous System

You'll explore brain cortex zones, cerebellum, and brainstem points. Crucial in neurological conditions and cases where thought and movement are affected.

## 22. The Sympathetic Trunk

A key regulator of the autonomic nervous system. This lesson explains how to use the trunk points for balancing sympathetic and parasympathetic function.

## 23. Cranial Nerves

Learn how to locate and treat the auricular representations of the cranial nerves — for facial pain, balance issues, smell/taste disorders, and neurodegenerative care.

## 24. Nervous Points

This lesson gathers essential neurological reflex points across the ear. Used for both testing and treating general nerve involvement or dysfunction.

## 25. Paravertebral Points

You'll locate and treat points next to the vertebrae. Often used in back pain, muscle tension, and to regulate spinal nerve outputs.

## 26. Spinal Cord Points

Understand how to work with spinal cord reflex zones. Especially useful in neuropathy, autoimmune disorders, and trauma recovery

## 27. The Peripheral Nervous System

This lesson introduces the nerves outside the CNS — treating motor and sensory nerve branches. Important for pain, numbness, and mobility restoration.

## 28. Cardinal Points

You'll learn the six major points that reset the body's regulation — laterality, thalamus, point zero, etc. These act like the “master keys” of auricular diagnosis.

### 29. Pain Memory

Understand how the ear stores the energetic imprint of past injuries or trauma. You'll learn how to locate and clear these pain memories to release the stuck healing process.

### 30. Reflex Zone Points

These points reflect organ function through dermatomes and neurological zones. Used diagnostically and therapeutically in a wide range of conditions.

### 31. Tissue Layer Control Points

You'll learn to differentiate and treat at the level of skin, connective tissue, muscle, bone, and organ using tissue layer points for precise therapy.

### 32. Three Major Points in Auricular Medicine

We close with the Self-Heal Point (2 cm from the tragus), Master Point of Oscillation (1 cm closer to the ear on same line), and Master Qi Point (between Psychotherapy I & II). These are your energetic reset tools — crucial in trauma, exhaustion, and deep system regulation.